1. (currently amended) An electrode comprising:

an electrode body having a first and second side, wherein the first side comprises a flexible <u>moisture</u> barrier layer comprising a heat-sealable material and the second side comprises a conductive layer;

an electrically conductive gel layer disposed on the electrode body and which is further in electrical communication with the conductive layer, the periphery of the heat-sealable moisture barrier layer extending beyond the periphery of the gel layer; and

a <u>rigid</u> release liner <u>heat</u>-sealed to said flexible barrier layer around <u>a-the</u> periphery of said gel layer.

- 2. (original) The electrode of claim 1, wherein the heat-sealable material comprises a thermoplastic polymeric material.
- 3. (original) The electrode of claim 1, wherein the flexible barrier layer further comprises a vapor or air barrier material comprising a polymeric film or sheet, a foil material, or a coated substrate comprising a metal, textile, paper, or non-woven material coated with a polymeric material.
- 4. (original) The electrode of claim 1, wherein the flexible barrier layer further comprises a vapor or air barrier material comprising a fluoropolymer film.
- 5. (original) The electrode of claim 1, wherein the flexible barrier layer comprises a laminate comprising a first layer of a heat-sealable layer comprising polyethylene disposed over a second layer of a vapor barrier comprising a fluoropolymer film.
- 6. (original) The electrode of claim 1, wherein the conductive layer comprises a metal sheet or foil, a conductive ink, or a laminate comprising a metal component disposed over a polymeric substrate.

- 7. (original) The electrode of claim 1, wherein the electrode further comprises a lead wire that is connected to the flexible barrier layer of the electrode and which electrically connects the electrode to a medical device.
 - 8. (cancelled)
 - 9. (currently amended) An electrode system comprising:

a pair of electrodes disposed on opposite sides of a <u>rigid</u> non-conductive release liner, wherein each electrode comprises an electrode body having first and second sides, wherein the first side comprises a flexible moisture barrier layer having a sealable periphery and the second side comprises a conductive layer, and an electrically conductive gel layer interposed between the conductive layer and the <u>rigid</u> non-conductive release liner,

wherein the periphery of the moisture barrier layer of each electrode is sealed to the release liner to enclose the gel layer of each electrode in a moisture barrier enclosure on its respective side of the rigid release liner.

- 10. (original) The electrode system of Claim 9, wherein the electrodes are further in electrical contact with each other through a conductive element that is disposed within the non-conductive release liner and which is in electrical contact with both electrodes through said gel layer.
- 11. (original) The electrode system of claim 9, wherein each electrode further comprises a lead wire that is connected through said first side to said second side of the electrode and which electrically connects the electrode to a medical device.
- 12. (original) The electrode system of claim 11, wherein the lead wire is electrically connected to the conductive layer and the electrically conductive gel by a connector comprising a rivet, ring tung terminal, staple, grommet, screw, bolt, or other electrically conducting fastening means that extends from the flexible non-conductive release liner through the conductive layer.

- 13. (original) The electrode system of claim 12, wherein the electrode further comprises an insulation layer interposed between a portion of the conductive layer and the non-conductive release liner, wherein the insulation layer protects an operator of the electrode from physical contact with the connector which is electrically connected to an electrical source.
- 14. (original) The electrode system of claim 9, wherein the non-conductive release liner comprises a polymeric sheet, coated paperboard, or foam.
- 15. (original) The electrode system of claim 9, wherein the non-conductive release liner comprises a material treated with an adhesion-reducing agent comprising a surface-treated polymeric sheet comprising siliconized polyethylene, polypropylene, polyester, acrylate, polycarbonate, or wax or plastic coated paperboard or foam.
- 16. (original) The electrode system of claim 9, wherein the conductive layer comprises a laminate comprising tin foil and polyester.
 - 17. (canceled)
 - 18. (currently amended) A self-storing electrode system comprising:

first and second electrode bodies each having a first and second side, wherein the first side comprises a flexible moisture barrier layer having a <u>heat</u>-sealable periphery and the second side comprises a conductive layer which does not extend to the periphery of the moisture barrier layer;

an electrically conductive gel disposed on each of the electrode bodies which is in electrical communication with the conductive layer of each electrode;

a <u>rigid</u> release liner sealed by a <u>heat</u> seal to the periphery of the flexible moisture barrier layer to <u>enclose</u>, protect and prevent desiccation of the gel layer; and

a lead wire electrically coupled to each electrode by means of a path that does not disrupt the moisture integrity of the release liner seal.

- 19. (original) The self-storing electrode system of claim 18, wherein the release liner seal further comprises a heat-seal formed between the flexible barrier layer and the release liner.
- 20. (previously presented) The self-storing electrode system of claim 18, wherein the flexible moisture barrier layer further comprises a vapor or air barrier material comprising a polymeric film or sheet, a foil material, or a coated substrate comprising a metal, textile, paper, or non-woven material coated with a polymeric material.
- 21. (previously presented) The self-storing electrode system of claim 18, wherein the flexible moisture barrier layer comprises a laminate comprising a first layer of a heat-sealable material comprising polyethylene disposed over a second layer of a vapor barrier comprising a fluoropolymer film.

22. (canceled)

23. (previously presented) The self-storing electrode system of claim 18, wherein the lead wire is connected to the conductive layer of the electrode for electrically connecting the electrode to a medical device.